

Race Booklet

THE *ROLLING* *HALF* *8.FEB.2026*

Welcome to THE ROLLING HALF 2026

Dear Running Community,

Your Favorite race is back – **The ROLLING HALF** on February 8, 2026!

This unique event runs through the breathtaking beauty of Lebanon.

Starting in the historic town of Selaata Stadium and winding its way to the coastal city of Jbeil, the 21.1 KM route takes you on a scenic journey through diverse landscapes, from coastal stretches to lush greenery and charming villages.

Each kilometer will bring you closer to the majestic finish line in Jbeil, offering a changing backdrop that captures Lebanon's natural beauty.

This year, we're excited to introduce a new race option: **the 21.1 KM Relay Race (4 Runners)**. Team up with your friends to take on this memorable course together and experience the joy of running in a whole new way.

With a limited capacity of 1,500 runners for both races, the **ROLLING HALF** ensures a personalized race experience.

Don't miss out on this one-of-a-kind event!

Register NOW at **beirutmarathon.org** to secure your spot before 1 Feb 2026 and join the running community for a race that challenges your endurance while immersing you in the unparalleled beauty of Lebanon.

Register, train, and get ready to race!

BEIRUT MARATHON TEAM

RACE INFORMATION

Race	Registration Fee	Comments	Start Time	Age Limit
21.1 KM (Half Marathon)	\$40 USD / runner	Registration Fee Includes (Race Registration, BIB & Tag, Shirt, Medal, LAF Fee, Timing Certificate, Electronic Timing) Cut Office Time: 03hrs	07 AM	16yrs +
21.1 KM Relay Race (4 Runners)	\$120 USD / 4 runners	Registration Fee Includes (Race Registration, BIB & Tag, Shirt, Medal, LAF Fee, Timing Certificate, Electronic Timing) Cut Office Time: 03hrs	07 AM	8yrs +

HOT LINE NUMBER

Our team is always ready to assist you with any enquiries or any technical difficulties while registering, please do contact us for help on the below;

Mobile / WhatsApp: 70 898 151 (Monday to Friday, Between 9 AM till 5PM)

Email: registration@beirutmarathon.org

Course Information

The Rolling Half Starts from Selaata Stadium & ends at Jbeil Fishermen's Port

01 Start Line

Selaata Stadium

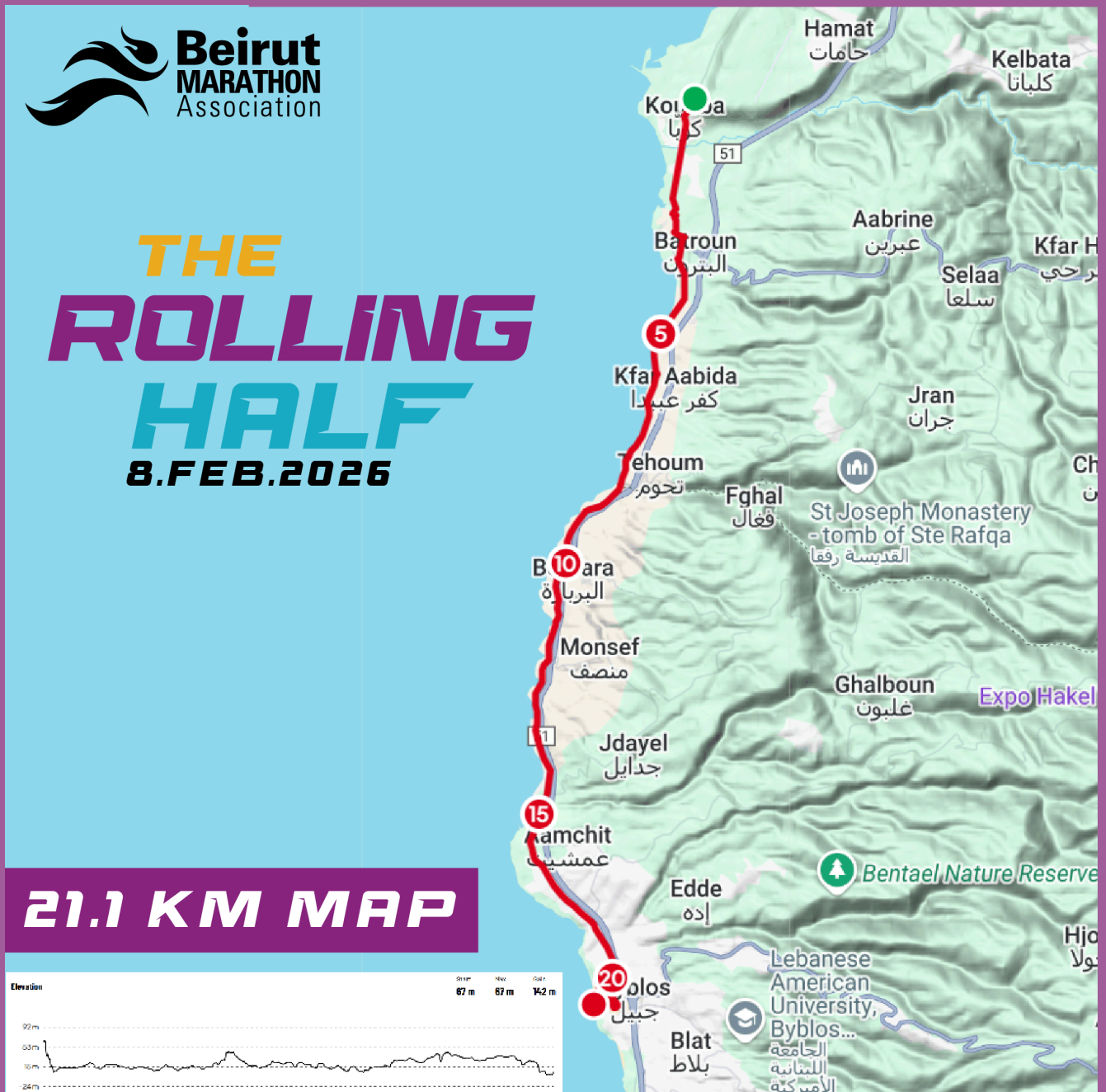
<https://maps.app.goo.gl/qY4kWQTmgFL2kaNWA>

02 Finish Line

Jbeil Fishermen's Port

<https://maps.app.goo.gl/J6j5YGTXDm8CxYp58>

Race Course



Age Category Divisions

Half Marathon (MEN) Age Category:

16 – 17 Yrs,
18 – 19 Yrs,
20 – 34 Yrs,
35 – 39 Yrs,
40 – 44 Yrs,
45 – 49 Yrs,
50 – 54 Yrs,
55 – 59 Yrs,
60 – 64 Yrs,
65 – 69 Yrs,
70 – 74 Yrs,
75 Yrs +

Half Marathon (WOMEN) Age Category:

16 – 17 Yrs,
18 – 19 Yrs,
20 – 34 Yrs,
35 – 39 Yrs,
40 – 44 Yrs,
45 – 49 Yrs,
50 – 54 Yrs,
55 – 59 Yrs,
60 – 64 Yrs,
65 – 69 Yrs,
70 – 74 Yrs,
75 Yrs +

Overall Winners Category

Half Marathon (MEN) Overall Winners:

1st Place – Overall Winner – Men

2nd Place – Overall Winner – Men

3rd Place – Overall Winner – Men

Half Marathon (WOMEN) Overall Winners:

1st Place – Overall Winner – Women

2nd Place – Overall Winner – Women

3rd Place – Overall Winner – Women

Half Marathon Relay Overall Winners:

1st Place – Overall Team

2nd Place – Overall Team

3rd Place – Overall Team

Overall Awards Ceremony will be held at the Finish Line on Race Day as soon as the first top 3 winners arrive under the arch

Prize Money

Half Marathon (MEN) Overall Winners:

1st Place – Overall Winner – Men – \$500

2nd Place – Overall Winner – Men – \$300

3rd Place – Overall Winner – Men – \$250

Half Marathon (WOMEN) Overall Winners:

1st Place – Overall Winner – Women – \$500

2nd Place – Overall Winner – Women – \$300

3rd Place – Overall Winner – Women – \$250

Rolling Half 2026

Rules and Regulations

The Organizer reserves the right to modify or substitute any of these rules and regulations of the Event from time to time as they deem fit. If there is ambiguity in any of the provisions, the Organizer shall be the authority to interpret and in doing so, the Organizer will take into account the interests of all the affected participants.

Any updates on the rules and regulations of the event will be notified on the official website, www.beirutmarathon.org & social media platforms, and it is the responsibility of the affected participant to keep abreast with any changes.

For any enquiry regarding registration or any type of results/awards, kindly email us on **registration@beirutmarathon.org** or call us on **70-898151**

Registration Condition

- Once registration has been duly processed, there will be no fee refund for participants who do not eventually participate in the event, do not retrieve their BIB Numbers on time or in case of cancelation.
- Switching of BIBs between runners is not allowed once the registration has been paid and finalized.
- Switching names is not allowed once the registration has been paid and finalized.

Rolling Half 2026

Rules and Regulations

- The race is open to all Nationalities.
- Nobody can run the course without official registration & a BIB Number.
- Bicycles, in-line skates, prams, push carts, shoes with built-in or attached rollers and any other wheel-run objects are not allowed on the course other than official race and medical vehicles. If you are caught with any of these, you will be directed off the route.
- Pets are forbidden on the course.
- Any bibs changing between two runners disqualify both runners.
- Taking shortcuts is totally forbidden and is subject to a direct disqualification.
- Any pacing done by a person on a moving vehicle (car, motorcycle, bike, and rollers) is a disqualifying violation and especially when it comes from agents or coaches.
- A runner pushing or conveying any other runner is a disqualifying violation.
- Riding any vehicle even for a brief moment is also a disqualifying violation.
- Deliberately obstructing or interfering with other competitors is a disqualifying violation.
- The Organizer reserves the right to amend the Event race routes as they deem fit for the safety of the Participants and/or to prevent any potential hazards in the running of the Event, at any time without prior notice to the Participant. In such cases, every effort will be made to inform the Participant prior to the date of the Event. The Organizer shall not be held liable for any loss or inconvenience caused due to such changes.

Rolling Half 2026

Rules and Regulations

- The form on the reverse side of the participant's running bib must be completed in full and accurately.
- Participants must wear the assigned bib on his/her chest. Participants who do not display bib numbers will be taken off the course by security officers/officials and immediately disqualified.
- Road closures on the Race Route will be lifted after four hours from commencement of the race (cut-off time). Cut-off times will be set at specific check-points along the route to ensure the safety of runners who are unable to complete the race within four hours.
- Participants who are still on route and choose to continue running after the cut-off time, do so at their own risk.
- A participant must retire from the race immediately, if required to do so by any member of the official medical staff, Race Director, Referee, and/or security officer.
- The Organizer reserves the right to cancel and/or add any race category without prior notice to the Participants.
- Any participant who commences to run before the actual flag-off of his/her registered race category will be immediately disqualified.
- Participants must be 16 years or older as of event day to participate in the Half Marathon.
- Disputes and appeals regarding the results must be submitted in writing including electronic mail (registration@beirutmarathon.org)

Award Rules & Regulations

- Only runners, who are awarded an official time by crossing the Finish Line wearing their registered timing tag, will be entitled trophies or official certificates. In addition, all winners must have a recorded time at each of the timing checkpoints along the course.
- No tag, No Time, No Trophy.
- Registered runners will only be entitled to trophies or official age group certificates of their respective registered race category.
- Winners of the overall categories will be based on their respective GUN TIME
- Winners of the age categories will be based on their respective NET TIME
- Winners declared post event must submit their proof of age, as original identification documents will be required by the event organizers in order to proceed with the awards ceremony. The race organizers might also ask for the proof of identification during the award ceremony.
- In the event of an athlete failing the dope test, he/she will not be eligible for awards or an official time and will be disqualified from the race. Such athletes may also be reported to the Lebanese Athletic Federation and/or the WAF.

Code of Ethics

- Always be respectful of the environment you are using during the event. Do not litter the streets with plastic bottles, and always keep the space you use clean
- Political slogans or discussion are purely forbidden
- Armed weapons are NOT ALLOWED around or inside the race areas or during the race
- Always be cheerful and respectful to all participants, officials, organizers and volunteers
- Please respect the volunteers who are there to assist you and adhere to the instructions they give you
- Please wear proper attire before, during and after the race (no nudity), kindly wear your sports attire at all times.

TRANSPORTATION

All runners must take the bus from **Jbeil to Selaata** to avoid delays in arriving to the start line.

Cars / Taxis **cannot reach** the start line, they will have to park 1KM away from the start line, so we highly suggest that you take the above option.

HOW TO GET TO THE START LINE BY CAR

If a runner decides to drive / get dropped off, they will need to take the highway all the way to CHEKKA Tunnel and go down to Saydet el Nourieh Tunnel and arrive to the start line from Selaata area not from Batroun side.

Transportation options are available for participants:

BUS SERVICE :

- Buses departing from Zeitounay Bay to Selaata will depart from Zeitounay Bay at 4.45 AM Sharp
- Buses departing from Jbeil to Selaata will depart at 5.25 AM, 5.35 AM, 5.45 AM (*Location will be provided later*)
- Buses departing from Jbeil to Zeitounay Bay will depart from this location at 9.30 AM, 10.30 AM, 11.30 AM (*Location will be provided later*)

Booking your bus service is available during BIB PICK UP.

For any enquiries, please contact us at 70 898 151 to be assisted

BUS STICKER

- ALL RUNNERS WILL HAVE A STICKER on their BIB Numbers for bus access
- PLEASE DO NOT REMOVE IT AT ANY TIME to avoid usage of the bus based on the means of transportation you chose and paid for.

DRIVING TO JBEIL

If you are driving to Jbeil and need to park your car to take the bus, please use the below two parking locations available for ease of arrivals & time constraints;

- PARKING A | <https://maps.app.goo.gl/2LmYZ1rWessVkgGR9>
- PARKING B | <https://maps.app.goo.gl/HBhfJFWx75qqzgD6A>

RUNNERS MUST BE PRESENT IN THE BUSES' PARKING NO LATER THAN 5.15 AM TO ENSURE THE BUS LEAVES ON TIME

TRANSPORTATION



DRIVING TO SELAATA

If you opted to drive to Selaata, please follow the ONLY ROUTE to arrive to the Start Line due to road closure;

- Take the main highway all the way to CHEKKA TUNNEL
- Take the seaside road towards SAYDET EL NOURIYEH TUNNEL
- Drive all the way to Selaata to reach the closest point / or where the road is blocked
- Park your car and you will need to walk around 1KM to arrive to the Start Line

** Kindly note that no access to the Start Line from Batroun Area / Seaside Road*

** Also, no buses are available to take runners back from Jbeil to Selaata post race, so please make sure you have made the necessary arrangements to take you back to the start line.*

TAKING THE BUS FROM BEIRUT TO SELAATA

If you are taking the BMA bus from Beirut to Selaata please follow the below instructions;

- Buses Departing from Beirut to Selaata will depart from Zeitounay Bay at 4.45 AM

RUNNERS MUST BE PRESENT AT ZEITOUNAY BAY NO LATER THAN 4.30 AM TO ENSURE THE BUS LEAVES ON TIME

TAKING THE BUS FROM JBEIL TO BEIRUT POST RACE

If you are taking the BMA bus back from Jbeil to Beirut, please follow the below instructions;

- Buses departing from Jbeil to Beirut will depart from this location at 9.30 AM, 10.30 AM, 11.30 AM (Location: <https://maps.app.goo.gl/menEvXS8RC3yViUBA>)

PAYMENT AND REGISTRATION:

- Transportation fees are to be paid during the BIB PICK UP process.

ELITE RUNNERS

CATEGORY



MEN

1:12:00 – 1:17:00

WOMEN

1:24:00 – 1:29:00

To be eligible for an ELITE BIB and Position, you must meet the below Finish Time Criteria

Elite half marathon criteria are typically used to designate specific qualification standards and benefits for professional and highly competitive runners. While specific criteria may vary among different events, here are the Rolling Half 2025 elite marathon classification rules and regulations:

- **Time Qualification:** Elite runners are required to meet strict time standards set by the organizers. These time standards are often significantly faster than the general qualifying times and vary depending on the event.
- **Proof of Performance:** Elite runners must provide recent race results (between 2024 and 2026) to demonstrate their competitive ability and consistency at the specified elite level. These results are reviewed by race organizers to ensure eligibility.
- **Invitations and Entries:** Elite runners are provided with guaranteed entry, Elite Area Access & Parking Slots.
- **Separate Start and Support:** Elite runners will start at the front of the race to ensure a clear path and optimal conditions. They also have dedicated support areas, fluid stations, and access to on-course amenities.

It's important to note that the specific criteria and benefits for elite runners can vary from race to race.

Half Marathon events often have their own qualification standards and guidelines that are outlined on their official websites or registration materials.

BIB PICK UP



Option 1

You can collect your Race Pack (BIB Number & Shirt) from

BMA Office, Beirut Digital District, Bldg 1294, 6th Floor

Dates: 4, 5, 6 February 2026

Time: 09.00 AM till 05:00 PM

70 898 151 for more information

Option 2

To make your experience smoother, we're offering the option to have your BIB number and shirt delivered to your doorstep via a delivery service a week before the event.

Here's how it works:

- Select the delivery option during your registration.
- Provide us with a correct address
- Pay an additional \$4.5 along with your registration fee.

BIB PICK UP on Race Day is not available.

Relay Race Information



Race Format

- The Relay Race must consist of 4 runners
- Runner A will run 5KM
- Runner B will run 5KM
- Runner C will run 5KM
- Runner D will run 6.1KM
- The race begins with the first runner, who completes their segment before passing the baton to the next teammate.
- This continues until the fourth runner crosses the finish line, with the combined effort of all four determining the team's final time.
- The team will get 4 BIBS with similar BIB Number Sequence but differentiated by a letter (1st runner – BIB Number 100A, 2nd runner – BIB Number 100B, etc ...)
- Transportation from Start to Finish, to and from relay stations is provided by Beirut Marathon Team.
- All runners will get a medal at the final leg of their race section.

Rules & Regulations

- No last minute switching between the names without notifying the BMA Team
- Any delays in arrival at the relay station or meeting point pre-race may cause failure to miss the buses and not start your race
- Please communicate with the BMA team in case of any change / emergency / delays even on race day

for more information, contact our Relay Race Coordinator at
relay@beirutmarathon.org

Relay Race MAP



Course Information

MEDICAL ENTITIES

- **Lebanese Red Cross** is available on course & finish line in case of emergencies
- **LAU – ST JOHN** has a mobile clinic at the finish line also to welcome any emergencies and cases.
- **Physiotherapy** tents are available at the finish time in case needed

Stations

- **Aquafina Water** is available every 3 KM / start and finish line
- **Gatorade** is available at KM 15.
- **Banana** is available at the finish line.

Baggage Drop

VERY IMPORTANT!

- In case of cold weather, please take the necessary precautions
- Drop off your bag at the baggage truck at the start line and pick it up at the finish line
- Make sure you pack warm pants, jacket, hat, water proof jacket and any necessary items that you see fit.
- Be ready to change immediately after the race

Toilets

- Toilets are available inside Selaata Stadium at the Start Line
- Toilets are available at the finish line in Jbeil



See You Along the Coast!

**THE
ROLLING
HALF**
8.FEB.2026

